

## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sex of Sexual Partners Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	82.6 (78.3-86.2)	426	77.3 (57.4-89.6)	58			●
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	3.5 (2.2-5.5)	631	5.9 (2.4-13.9)	91			●
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	22.1 (19.0-25.5)	632	32.6 (24.3-42.1)	91		●	
QN11: Among students who drove a car or other vehicle during the past 30 days, the percentage who drove when they had been drinking alcohol one or more times during the past 30 days	9.7 (6.3-14.6)	323	15.1 (6.5-31.3)	40			●
QN12: Among students who drove a car or other vehicle during the past 30 days, the percentage who texted or e-mailed while driving on one or more of the past 30 days	39.7 (32.4-47.5)	333	40.7 (25.4-58.1)	40			●
QN13: Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	15.0 (12.0-18.6)	621	11.5 (6.0-21.2)	90			●
QN14: Percentage of students who carried a gun on one or more of the past 30 days	3.3 (1.9-5.6)	619	5.9 (2.4-13.8)	91			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN15: Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days	3.9 (2.4-6.4)	628	3.0 (1.0-8.7)	90			●
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	7.7 (5.6-10.7)	631	8.3 (3.9-16.8)	91			●
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months	5.4 (3.7-7.8)	628	8.7 (4.5-16.2)	91			●
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months	29.6 (25.2-34.4)	621	33.5 (22.6-46.5)	89			●
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	3.6 (2.0-6.4)	626	7.0 (3.2-14.5)	91			●
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months	8.7 (6.7-11.2)	619	6.9 (3.0-15.0)	87			●
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to	8.5 (6.5-11.2)	630	17.5 (9.9-29.0)	91		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN22: Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months	9.3 (6.8-12.6)	513	11.5 (4.6-26.0)	64			●
QN23: Among students who dated or went out with someone during the past 12 months, the percentage who had been forced by someone they were dating or going out with to do sexual things that they did not want to one or more times during the past 12 months	13.6 (10.7-17.1)	513	14.4 (6.9-27.4)	62			●
QN24: Percentage of students who had ever been bullied on school property during the past 12 months	15.4 (12.4-19.0)	625	21.4 (13.8-31.7)	88			●
QN25: Percentage of students who had ever been electronically bullied during the past 12 months	18.5 (15.0-22.5)	625	24.7 (17.3-34.1)	91			●
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	33.0 (28.8-37.6)	620	55.6 (44.2-66.5)	91		●	
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months	17.1 (14.0-20.7)	630	33.2 (24.7-43.0)	91		●	
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months	15.6 (12.1-19.7)	628	26.8 (18.8-36.6)	90		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego Unified School District High School Survey  
Risk Behaviors and Sex of Sexual Partners Report

Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months	10.1 (7.9-12.9)	541	21.1 (12.2-34.0)	74			●
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	2.9 (1.7-4.8)	541	9.5 (4.5-19.0)	74			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sex of Sexual Partners Report

#### Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs	51.5 (46.3-56.7)	610	65.6 (55.8-74.3)	88		●	
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years	7.4 (5.1-10.8)	606	14.7 (8.7-23.7)	88			●
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days	12.7 (9.7-16.6)	591	27.7 (19.3-38.1)	79		●	
QNFRCIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days	1.7 (0.9-3.2)	591	3.8 (1.6-9.1)	79			●
QN34: Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	2.4 (0.5-10.6)	74	-	22			
QN35: Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days	12.5 (5.7-25.5)	55	-	20			
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days	1.3 (0.6-2.8)	621	3.8 (1.5-9.4)	87			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in this subgroup.

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### San Diego Unified School District High School Survey Risk Behaviors and Sex of Sexual Partners Report

#### Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days	6.8 (4.5-10.1)	610	12.2 (6.0-23.3)	88			●
QN38: Among students who reported current cigarette use, the percentage who did not ever try to quit smoking cigarettes during the past 12 months	43.3 (32.6-54.6)	74	-	22			
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days	4.0 (2.8-5.9)	631	7.0 (3.0-15.4)	91			●
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	9.9 (7.7-12.5)	630	12.9 (6.4-24.1)	91			●
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days	17.5 (14.0-21.6)	588	28.9 (20.3-39.4)	79		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in this subgroup.

## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sex of Sexual Partners Report

#### Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life	79.6 (75.1-83.5)	615	85.1 (76.7-90.8)	89			●
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	19.0 (16.0-22.4)	631	29.3 (20.2-40.4)	91		●	
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	44.1 (38.8-49.7)	570	58.2 (47.5-68.2)	82		●	
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	24.8 (20.4-29.8)	599	38.4 (30.3-47.2)	89		●	
QN45: Percentage of students who had ten or more drinks of alcohol in a row, that is, within a couple of hours, during the past 30 days	6.8 (4.8-9.6)	576	9.3 (4.4-18.4)	86			●
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days	38.5 (30.1-47.7)	247	45.8 (30.9-61.5)	47			●
QN47: Percentage of students who used marijuana one or more times during their life	58.1 (52.7-63.2)	616	69.7 (57.5-79.7)	88			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN48: Percentage of students who tried marijuana for the first time before age 13 years	11.7 (8.8-15.4)	625	16.3 (9.9-25.5)	90			●
QN49: Percentage of students who used marijuana one or more times during the past 30 days	32.0 (27.8-36.4)	626	53.4 (41.1-65.3)	91		●	
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	10.0 (7.5-13.3)	621	18.5 (11.2-29.1)	87			●
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life	10.4 (8.0-13.5)	632	18.3 (12.4-26.0)	90		●	
QN53: Percentage of students who used methamphetamines one or more times during their life	3.6 (2.4-5.5)	629	11.1 (5.7-20.4)	90		●	
QN54: Percentage of students who used ecstasy one or more times during their life	15.6 (13.0-18.6)	623	34.4 (25.9-44.0)	89		●	
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	3.2 (1.9-5.4)	632	2.1 (0.6-6.8)	90			●

\*Confidence interval.

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Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life	16.6 (14.0-19.6)	631	28.1 (20.2-37.6)	90		●	
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life	3.0 (1.7-5.4)	630	3.2 (1.1-9.1)	90			●
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months	35.5 (30.3-41.2)	632	43.5 (32.7-55.0)	90			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN59: Percentage of students who ever had sexual intercourse	68.4 (63.5-73.0)	589	70.7 (60.2-79.4)	84			●
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years	6.8 (4.8-9.4)	591	15.2 (9.4-23.7)	84		●	
QN61: Percentage of students who had sexual intercourse with four or more people during their life	14.5 (11.3-18.4)	587	18.0 (10.7-28.6)	84			●
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months	45.5 (40.0-51.1)	586	44.2 (32.9-56.1)	85			●
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	16.7 (12.7-21.7)	269	25.9 (13.1-44.9)	36			●
QN64: Among students who had sexual intercourse during the past three months, the percentage who did not use a condom during last sexual intercourse	42.6 (36.5-49.0)	266	57.4 (37.7-74.9)	35			●
QN65: Among students who had sexual intercourse during the past three months, the percentage who did not use birth control pills to prevent pregnancy before last sexual intercourse	76.9 (70.2-82.5)	264	81.5 (70.9-88.9)	35			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNOTHH: Among students who had sexual intercourse during the past three months, the percentage who did not use an IUD or implant or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse	96.9 (92.9-98.6)	264	93.5 (75.9-98.5)	35			●
QNOTHHPL: Among students who had sexual intercourse during the past three months, the percentage who did not use birth control pills, an IUD or implant, or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse	73.8 (66.7-79.7)	264	75.1 (61.7-84.9)	35			●
QNDUALBC: Among students who had sexual intercourse during the past three months, the percentage who did not use both a condom during last sexual intercourse and birth control pills, an IUD or implant, or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse	93.8 (89.7-96.3)	263	89.6 (73.3-96.5)	35			●
QNBCNONE: Among students who had sexual intercourse during the past three months, the percentage who used no method of birth control to prevent pregnancy before last sexual intercourse	13.8 (9.2-20.3)	264	36.7 (22.8-53.2)	35		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sex of Sexual Partners Report

#### Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>‡</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>‡</sup>	No Difference <sup>‡</sup>
	% 95% CI*	N	% 95% CI	N			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) <sup>§</sup>	15.5 (12.3-19.3)	624	21.8 (13.4-33.4)	90			●
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) <sup>§</sup>	10.7 (8.4-13.5)	624	7.3 (3.5-14.5)	90			●
QN66: Percentage of students who described themselves as slightly or very overweight	28.8 (25.3-32.4)	632	38.6 (28.6-49.6)	90			●
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	12.2 (9.4-15.7)	623	26.4 (15.5-41.2)	89		●	
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	4.5 (3.1-6.6)	627	10.8 (5.7-19.4)	90			●
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	4.0 (2.6-6.1)	626	15.7 (9.7-24.2)	88		●	
QN71: Percentage of students who did not drink 100% fruit juices during the past seven days	20.3 (17.3-23.8)	620	25.1 (16.7-35.9)	89			●

\*Confidence interval.

<sup>‡</sup>Based on t-test analyses, p<0.05.

<sup>§</sup>Based on reference data from the 2000 CDC Growth Charts.

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#### Dietary Behaviors

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	% 95% CI*	N	% 95% CI	N			
QN72: Percentage of students who did not eat fruit during the past seven days	10.1 (7.7-13.0)	630	7.7 (3.1-17.9)	91			●
QN73: Percentage of students who did not eat green salad during the past seven days	35.3 (31.7-39.0)	629	32.0 (21.8-44.4)	90			●
QN74: Percentage of students who did not eat potatoes during the past seven days	37.5 (33.4-41.8)	625	43.3 (33.1-54.2)	91			●
QN75: Percentage of students who did not eat carrots during the past seven days	43.4 (39.8-47.1)	632	51.1 (42.0-60.0)	91			●
QN76: Percentage of students who did not eat other vegetables during the past seven days	15.4 (12.5-18.8)	630	21.7 (13.4-33.1)	91			●
QNFRVG: Percentage of students who ate fruits or drank 100% fruit juices or ate vegetables less than five times per day during the past seven days	75.6 (72.2-78.7)	608	83.0 (72.8-89.9)	88			●
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices less than two times per day during the past seven days	63.0 (59.2-66.8)	618	75.3 (64.5-83.6)	89		●	

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<sup>†</sup>Based on t-test analyses, p<0.05.

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Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days	3.8 (2.3-6.3)	618	3.1 (1.1-8.5)	89			●
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices less than one time per day during the past seven days	34.0 (30.8-37.4)	618	44.2 (32.5-56.6)	89			●
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices less than three times per day during the past seven days	74.9 (71.7-77.8)	618	88.0 (77.4-94.0)	89		●	
QNVEG: Percentage of students who ate vegetables less than three times per day during the past seven days	83.9 (80.9-86.5)	621	86.6 (76.9-92.6)	90			●
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days	4.5 (3.2-6.4)	621	8.6 (3.4-19.9)	90			●
QNVEG1: Percentage of students who ate vegetables less than one time per day during the past seven days	38.2 (34.6-42.0)	621	35.5 (23.7-49.4)	90			●
QNVEG2: Percentage of students who ate vegetables less than two times per day during the past seven days	69.1 (65.4-72.6)	621	69.0 (59.6-77.0)	90			●
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices less than two times per day and ate vegetables less than three times per day during the past seven days	88.3 (85.5-90.7)	608	92.4 (82.8-96.8)	88			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	17.9 (15.3-20.9)	622	14.3 (8.8-22.4)	91			●
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop during the past seven days	70.6 (66.8-74.2)	622	64.1 (53.7-73.4)	91			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days	11.9 (9.6-14.6)	622	12.3 (7.1-20.6)	91			●
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days	6.6 (4.9-8.9)	622	6.5 (2.5-16.1)	91			●
QN78: Percentage of students who did not drink milk or who drank less than three glasses per day of milk during the past seven days	92.1 (88.9-94.5)	632	92.8 (85.9-96.5)	91			●
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days	22.6 (19.6-25.9)	632	24.9 (17.5-34.2)	91			●
QNMILK1: Percentage of students who drank less than one glass per day of milk during the past seven days	65.7 (60.4-70.6)	632	71.7 (61.7-80.0)	91			●
QNMILK2: Percentage of students who drank less than two glasses per day of milk during the past seven days	81.0 (75.8-85.4)	632	86.4 (78.0-91.9)	91			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego Unified School District High School Survey  
Risk Behaviors and Sex of Sexual Partners Report

Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI <sup>*</sup>	N	% 95% CI	N			
QN79: Percentage of students who did not eat breakfast on all of the past seven days	67.0 (62.4-71.4)	631	78.5 (71.2-84.4)	91		●	
QNN0BKFT: Percentage of students who ate breakfast on none of the past seven days	12.7 (9.9-16.1)	631	17.5 (10.8-27.0)	91			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.



## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sex of Sexual Partners Report

#### Physical Activity

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day less than five of the past seven days	46.7 (41.5-52.0)	623	61.9 (49.9-72.6)	91		●	
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days	14.0 (11.5-17.0)	623	27.0 (18.3-37.9)	91		●	
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on less than seven of the past seven days	70.5 (65.8-74.8)	623	78.1 (64.2-87.7)	91			●
QN81: Percentage of students who watched three or more hours per day of TV on an average school day	28.0 (23.3-33.2)	626	21.4 (14.5-30.5)	90			●
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day	39.6 (34.9-44.5)	628	45.6 (34.9-56.8)	89			●
QN83: Percentage of students who did not attend physical education (PE) classes in an average week when they were in school	49.1 (42.6-55.6)	620	60.3 (49.7-70.1)	87		●	
QNDLYPE: Percentage of students who attended physical education (PE) classes less than daily in an average week when they were in school	64.0 (57.6-70.0)	620	78.8 (67.9-86.7)	87		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego Unified School District High School Survey  
Risk Behaviors and Sex of Sexual Partners Report

Physical Activity

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>‡</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>‡</sup>	No Difference <sup>‡</sup>
	% 95% CI <sup>*</sup>	N	% 95% CI	N			
QN84: Percentage of students who did not play on sports teams during the past 12 months	41.0 (36.6-45.6)	622	57.4 (43.0-70.7)	89		●	

\*Confidence interval.

<sup>‡</sup>Based on t-test analyses, p<0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego Unified School District High School Survey  
Risk Behaviors and Sex of Sexual Partners Report

Other	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	Health Risk Behavior	% 95% CI <sup>*</sup>	N	% 95% CI			
	QN85: Percentage of students who were not sure if they had ever been taught or who had not ever been taught in school about AIDS or HIV infection	8.2 (6.1-10.9)	627	12.6 (6.5-23.1)	90		●
	QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma	20.3 (17.1-23.8)	628	19.3 (10.8-32.1)	90		●

<sup>\*</sup>Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sex of Sexual Partners Report

#### Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN89: Percentage of students who responded that the person they were going out with had ever threatened them, limited their activities against their will, or made them feel unsafe in any other way	8.3 (6.2-10.9)	631	16.5 (10.0-26.0)	91			●
QN90: Percentage of students who have been harassed one or more times during the past 12 months because someone thought they were gay, lesbian, or bisexual	9.2 (6.9-12.2)	631	36.0 (28.1-44.6)	91		●	
QN91: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months	22.0 (18.6-25.8)	630	35.3 (28.7-42.6)	91		●	
QN92: Among students who have had sexual intercourse, the percentage whose partners were three or more years older than themselves the first time they had sexual intercourse	16.0 (12.8-19.8)	435	24.8 (14.7-38.8)	66			●
QN93: Percentage of students who have been pregnant or gotten someone pregnant one or more times	4.3 (2.4-7.4)	629	7.7 (3.6-15.8)	91			●
QN94: Percentage of students who have ever participated in oral sex	63.7 (58.3-68.8)	629	73.9 (64.7-81.4)	89		●	
QN96: Percentage of students who have not ever been tested or are not sure if they have ever been tested for HIV, the virus that causes AIDS	81.6 (76.7-85.6)	631	74.6 (65.2-82.1)	88			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sex of Sexual Partners Report

#### Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes <sup>†</sup>	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN97: Percentage of students who have ever been told by a doctor or nurse that they had a sexually transmitted disease (STD)	2.2 (1.1-4.6)	629	5.7 (2.1-15.0)	91			●
QN98: Among students who have had a check-up, the percentage who reported that the doctor or nurse did not discuss ways to prevent pregnancy, AIDS, or other sexually transmitted diseases (STDs) or that they are unsure if the doctor or nurse discussed ways to prevent pregnancy, AIDS, or other sexually transmitted diseases (STDs) during their last check-up	49.5 (46.0-53.1)	549	40.6 (29.7-52.4)	79			●
QN99: Percentage of students who have not ever had or are not sure if they have ever had the HPV vaccine, a vaccine to prevent human papillomavirus or HPV infection	58.2 (53.4-62.8)	630	50.9 (40.8-61.0)	89			●
QN100: Percentage of students who sometimes, rarely, or never wear sunscreen with an SPF of 15 or higher when they are outside for more than one hour on a sunny day	87.4 (84.2-90.0)	630	84.7 (76.5-90.4)	90			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.